Benefits Schedule

MyHEALTH Dubai Individual Medical Plans

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MyHEALTH BENEFITS SCHEDULE

The benefits schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning to these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in USD. TeleHEALTH services are included.

ANNUAL LIMIT	CORE	ESSENTIAL	EXTENSIVE	ELITE	
The overall limit per person per period of insurance	\$200,000	\$1,000,000	\$2,500,000	\$5,000,000	
AREA OF COVER					
Area of Cover Options	Worldwide Excluding USA Coverage up to 90 days out of the UAE	,	rea of Cover from the b Worldwide Worldwide Excluding USA		
	Services rendered outside of the <i>area of cover</i> are covered up to:				
	\$20,000 per \$50,000 per period of insurance period of insurance				
Out of Area Cover	only if they are directly caused by <i>sudden illness</i> or <i>injury</i> occurring during the first 30 travel days of any trip outside the <i>area of cover</i> .				
	Sudden illness or injury does not include any disability of which symptoms existed prior to the start of the trip and which would have caused a reasonable person to seek medical care.				
	This benefit does not apply for any trip commenced or advice of any <i>physician</i> or other medical practitioner of the purpose of obtaining medical care.				

NETWORK SELECTION			
Network options	Green	Select <i>your</i> network from the below choices: Premium Classic Green	
Coverage in your selected network in the UAE and the GCC countries		Fully covered	
Coverage in other network options in the UAE and GCC countries	No cover	Depending on your network selection, you will be covered as below: Premium: fully covered in Classic and Green Classic: fully covered in Green; covered up to 70% in Premium Green: covered up to 70% in Classic; covered up to 50% in Premium If an Outpatient co-insurance option is selected, direct billing is not available outside the selected network. Reimbursement will be limited to the reasonable and customary charges of your selected network. The selected Outpatient co-insurance percentage will be applied to the remaining amount.	
Coverage outside of our 3 network options in the UAE and GCC countries	No cover	Up to the reasonable and customary charges of your selected network	
Coverage in the USA	50% co-insurance applies for treatment outside APRIL's preferred network		
Coverage in all other countries worldwide (excluding the USA, UAE and GCC countries)	Covered up to the reasonable and customary charges of the country where the treatme is provided		

HOSPITAL AND SURGERY MODULE One of these plans must be selected to form the basis of y	our cover			
	CORE	ESSENTIAL	EXTENSIVE	ELITE
HOSPITAL BENEFITS Pre-authorisation is required for the following services (30 countries)	% co-payment for servi	ces not pre-authorised b	y us outside the UAE and	I in the GCC
Hospital room and board		Standard p	rivate room	
Intensive Care Unit		Fully C	overed	
Parental accommodation	Fully Covered			
Theatre fees		Fully C	overed	
Blood, dressings, medicines and drugs		Fully C	overed	
Surgical implants	No Cover		Fully Covered	
Diagnostic scans and tests including invasive endoscopic examinations		Fully Co	overed	
Rental of <i>mobility aids</i> (crutches, canes, walkers, manual wheelchairs and non-motorised knee scooters)		Fully C	overed	
Orthopaedic braces, supports and air boots	No Cover		Fully Covered	
Professional fees (surgeon's fees, anaesthetist fees, general nursing fees, physiotherapist fees, speech therapist fees and attending physician fees)		Fully C	overed	
Hospital treatment of mental and nervous conditions	\$2,750	Fully Covered Up to 15 days	Fully Covered Up to 20 days	Fully Covered Up to 30 days
ORGAN TRANSPLANTATION				
Organ transplantation		Hos	pital Benefits sections ap	oply
Direct expenses of surgery to remove an organ for transplant from a donor – donor expenses are not covered	\$50,000		\$20,000	
PRIVATE NURSING, HOME NURSING				
Private nursing in <i>hospital</i> when certified necessary by attending <i>physician</i>	No C	Cover	Fully Covered	
Home nursing prescribed by attending physician	No Cover	\$5,000	Fully Covered up to 30 days	Fully Covered up to 60 days
HOSPITAL CASH BENEFIT				
Where you are hospitalised for a covered confinement at no cost to us Hospital cash benefit is not available if you claim for services rendered during the hospitalisation	\$150 per night Up to 30 nights	\$200 per night Up to 30 nights	\$225 per night	\$250 per night
REHABILITATION TREATMENT Pre-authorisation is required for this benefit				
Rehabilitation treatment received while an inpatient at a rehabilitation centre. Admission to the rehabilitation centre must take place within 2 weeks after discharge from hospital for a covered confinement.	No Cover	Up to 20 days	Up to 30 days	Up to 60 days
EXTERNAL PROSTHESIS				
External prosthesis and any services associated with selection, fitting or repair	\$500	\$1,500	\$4,000	\$5,000

HOSPITAL AND SURGERY MODULE - CONTINUED	CORE	ESSENTIAL	EXTENSIVE	ELITE
SURGERY OR INVASIVE ENDOSCOPIC EXAMINATION	PERFORMED WHILE A	DAY-PATIENT, IN A C	LINICOR IN A PHYSICI	AN'S OFFICE
Professional fees, diagnostic scans and tests, medicines and drugs. Also covers the following on the day of and directly related to the surgery or invasive endoscopic examination: hospital room and board, theatre fees, dressings, medicines and drugs, pathology fees, and surgical implants.	Fully covered			
KIDNEY DIALYSIS				
Kidney dialysis received while admitted to hospital or out of hospital		Fully c	overed	
CANCER TREATMENT The following services, when directly related to cancer, sha	all be covered following	a confirmed diagnosis d	of cancer.	
Active Cancer treatment in Hospital		Hospital Benefit	s sections apply	
Specialist consultations, diagnostic scans and tests, medicines and drugs, chemotherapy and radiotherapy related to active cancer treatment	\$50,000 Fully covered			
RECONSTRUCTIVE SURGERY				
Reconstructive surgery to improve the function or appearance of abnormal structures of the body when required as a direct result of a disability covered under this policy	Fully covered			
HIV/AIDS				
All-inclusive lifetime limit for services rendered in connection with HIV/AIDS including antiretroviral treatment, treatment of primary HIV, testing and monitoring, or treatment of AIDS. HIV/AIDS waiting period of 3 years prior to your first positive HIV test result, or the date you received any treatment for HIV/AIDS (or following possible exposure to the virus), whichever is later (please refer to Terms and Conditions).	No Cover \$50,000		\$80,000	
EMERGENCY ROOM TREATMENT				
Treatment as a result of an <i>injury</i> within 48 hours of an <i>accident</i> or acute exacerbation of a <i>disability</i> which requires urgent medical or surgical intervention to avoid permanent damage to <i>your</i> life or health	Fully Covered			
EMERGENCY DENTAL TREATMENT				
Emergency <i>dental</i> treatment to repair damage to sound natural teeth within 14 days of <i>accident</i>		Fully C	overed	
LOCAL TRANSPORT BY AMBULANCE				
Transport by ambulance to and from hospital prescribed by an attending <i>physician</i>		Fully C	overed	
HOSPICE OR PALLIATIVE TREATMENT				
Hospice or palliative treatment	\$10,000 lifetime benefit	\$25,000 lifetime benefit	\$50,000 lifetime benefit	\$135,000 lifetime benefit

HOSPITAL AND SURGERY MODULE - CONTINUED	CORE	ESSENTIAL	EXTENSIVE	ELITE
SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES	AND TREATMENTS			
Subject to the benefits and sub-limits stated elsewhere in the following <i>disabilities</i> and treatments is as stated belo		the maximum <i>we</i> will pa	y for losses directly or in	directly arising from
Congenital and hereditary conditions	\$41, lifetime	000 benefit	\$125,000 lifetime benefit	\$150,000 lifetime benefit
Stem Cell Treatment, including harvesting immediately prior to a treatment and if associated with a bone marrow or peripheral stem cell transplant	No Cover \$100,000 lifetime benefit		\$200,000 lifetime benefit	
Pre-existing conditions, including pre-existing chronic conditions		\$41,	000	
RETURN HOME CASH BENEFIT				
Where you request to travel out of the UAE to receive medically necessary inpatient or daypatient treatment, we will make a cash payment directly to you. As regards to the return journey, we will pay the price of reasonable costs for an economy-class air ticket for the beneficiary requiring treatment We will only pay an economy-class air ticket to you. Important notes: ► The benefit is not payable in respect of any pre-existing conditions ► All treatment must be approved in advance by us and needs to be cost effective compared to the UAE	\$150	\$500	\$700	\$1,000
ADDITIONAL BENEFITS as stipulated in the DHA's and Federal MOH's policies and	its updates			
Treatment of injuries sustained during a road traffic accident	Covered			
Work-related illnesses and Injuries (as per Federal Law No. 8 of 1980 concerning the Regulation of Work Relations, its amendments, and applicable laws in this respect) Treatment of physical injuries to a body part, sustained at the insured person's place of work	Covered			

OUTPATIENT MODULE The following Outpatient module is mandatory and can be combined with any Hospital and Surgery modules, except the Core Hospital and Surgery module, which must be combined with the Core Outpatient module. **ESSENTIAL ANNUAL LIMIT FOR OUTPATIENT BENEFITS** CORE **EXTENSIVE ELITE** Annual cumulative limit for all benefits shown in Up to overall limit per period of insurance \$41,000 the Outpatient Benefits section **OUTPATIENT CO-INSURANCE** Select your co-insurance from the below choices: - Nil co-insurance - **20% co-insurance** with a maximum of \$14 per General Practitioner and Specialist consultation (doesn't apply to other Outpatient Outpatient co-insurance percentage Nil benefits) - 20% co-insurance applied to all Outpatient benefits If a 20% co-insurance option is selected, direct billing is only available within your selected network. **GENERAL PRACTITIONER & SPECIALIST CONSULTATION FEES** General Practitioner consultation fees **Fully Covered** Specialist consultation fees **Fully Covered** Physiotherapy A referral for *physiotherapy* must be submitted at the same time as your claim. Treatment is limited to Maximum Maximum Maximum Fully covered 10 sessions per referral after which a new referral and 30 sessions 6 sessions 25 sessions medical report from your attending physician must be submitted.

submitted.				
DUTPATIENT MENTAL AND NERVOUS CONDITIONS DUTPATIENT BEHAVIOURAL OR DEVELOPMENTAL DIS	SORDERS			
Physician, psychologist, psychotherapist and complementary medicine practitioners consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions and behavioural or developmental disorder	\$250 A 30% co-insurance applies	\$3,000	\$4,000	\$4,500
MEDICINES AND DRUGS				
Medicines and drugs			Fully covered	
Hormone replacement therapy Medicines and drugs prescribed by a physician for hormone replacement therapy. Coverage is provided for Hormone Replacement Therapy (HRT) when deemed medically necessary to treat conditions such as premature ovarian insufficiency or failure. This benefit does not extend to HRT primarily intended to manage symptoms related to natural aging processes or gender reassignment. A physician's prescription and supporting medical documentation are required for coverage.	\$3,000 Fully covered within selected pharmacies If not, a 20% co-insurance will apply		Fully covered	
DIAGNOSTIC SCANS AND TESTS				
Diagnostic scans and tests	Fully Covered			
MEDICAL APPLIANCES AND MOBILITY AIDS				
Purchase or rental of mobility aids		\$1,500	\$4,000	\$5,000
Slings and bandages Purchase or rental of <i>medical appliance</i> s	\$500	Maximum two mobility aids per disability		

OUTPATIENT MODULE - CONTINUED					
FOLLOW UP CANCER CARE	CORE	ESSENTIAL	EXTENSIVE	ELITE	
These services shall be covered following the completion of active cancer treatment:		Fully C	tourous		
Medicines and drugs prescribed to prevent a recurrence of cancer and related specialist consultations.		rully C	covered		
COMPLEMENTARY MEDICINE AND TRADITIONAL CHIN	IESE MEDICINE				
Combined limit for all benefits listed in the Complementary Medicine and Traditional Chinese Medicine section	No cover	\$1,000	\$2,000	\$4,000	
Consultation fees for the following complementary medicine practitioners, upon <i>referral</i> : Dietician following <i>illness or injury</i>					
Occupational therapist No referral required:	No cover		t		
Chiropractor, osteopath, podiatrist, homeopathy, Ayurveda practitioner and speech therapist following illness or injury					
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of		Up to \$100 per visit	Up to \$150 per visit	Up to \$300 per visit	
treatment: Acupuncturist, bone setter, Chinese medicine practitioner, naturopath, hypnotherapist. No referral required.	No cover	Maximum one consultation per day Up to the combined limit			
PREVENTIVE SERVICES, MEDICAL CHECKUP AND VAC	CINATIONS				
Child vaccinations and immunisations					
As per the guidelines set by the Dubai Ministry of Health		Fully o	overed		
Diabetes screening	Fully covered Every 3 years from age 30 High risk individuals annually from age 18				
Hepatitis B &C Virus Screening In accordance with Dubai Health Authority (DHA)	Fully covered				
Influenza vaccine	Fully covered One per year				
Cancer Screening	Fully covered 1 annual screening/test when relevant as per the age of the member Breast, colorectal and cervical cancer screenings				
Medical checkup packages or standalone tests or scans not listed above which are conducted in the absence of a diagnosis or suspected diagnosis No referral required	No Cover	\$250	\$1,000	\$1,700	
Vaccinations (cost of vaccination only. Associated GP	No C	over	Fully o	overed	
consult covered under consultation benefit) No referral required	No Cover Fully covered		5.5.0d		

DENTAL AND OPTICAL MODULE

The following Dental and Optical module is mandatory and can be combined with any Hospital and Surgery modules, except if the Core Hospital and Surgery module has been selected. In that case, only the Core Dental and Optical module would be available.

	CORE	ESSENTIAL	EXTENSIVE	ELITE
Area of cover	UAE only	As	per selected area of co	ver
DENTAL BENEFITS				
Diagnostic and treatment services for dental and gum treatments when your dental condition is an emergency as stipulated in the DHA's and Federal MOH's policies and its updates		Cov	ered	
Minor dental treatment				
Dental checkup; x-ray, gold or amalgam or composite or porcelain inlays, onlays, or fillings; routine tooth cleaning, scaling, and prophylaxis (including when done by an <i>oral hygienist</i>); root canal treatment; simple extractions; and application of sealants	\$150 A 30% co-insurance applies	\$300	\$1,250	
Waiting period of 10 months applies for major dental treatment and orthodontic Surgical removal of impacted, buried, or unerupted teeth/roots or odontomes; treatment of disorders of the temporomandibular joint (TMJ); orthodontic treatment commenced below the age of 16; dental implants; apicoectomy; dentures (new/repair of old); gold, amalgam, composite or porcelain crowns and bridges; treatment by a dentist of illnesses of the oral mucosa and directly related laboratory tests or pathology services; antibiotics or medicines for pain management for which a prescription is required for purchase and which have been prescribed by a dentist; periodontics, deep oral prophylaxis or root planing.	No Cover	\$1,000	\$2,250	\$4,500
OPTICAL BENEFITS				
Hearing and vision aids, and vision correction by surgeries and laser when your medical condition is an emergency as stipulated in the DHA's and Federal MOH's policies and its updates			ered rance applies	
Eye examination Includes cost of the consultation	No Cover	One per year perfo	Fully covered rmed by an ophthalmol	ogist or optometrist
Frames, prescription contact lenses and prescription lenses	No Cover	\$180	\$250	\$500

MATERNITY AND NEWBORN CARE MODULE

The following Maternity and Newborn module is mandatory for women aged 19-45 and can be combined with any Hospital and Surgery modules, except if the Core Hospital and Surgery module has been selected. In that case, only the Core Maternity and Newborn Care module would be available.

	CORE	ESSENTIAL	EXTENSIVE	ELITE
Area of cover	UAE only	As p	er the selected area of c	cover
Outpatient maternity 6 months waiting period applies All care provided by an obstetrician for low-risk, or a specialist obstetrician for high-risk referrals by the network provider. Investigations including: - FBC and Platelets - Blood group, Rhesus status and antibodies - VDRL - MSU & urinalysis - Rubella serology - HIV - Hep C offered to high-risk patients - GTT if high risk - FBS, random s or Alc for all due to high prevalence of diabetes in UAE	Limited to 3 pre-	· ·	er period of insurance s and a maximum of 8 ok	ostetrician visits
Inpatient maternity 6 months waiting period applies Normal delivery, elective or medically necessary caesarean section, including Hospital room and board, professional fees, midwife fees, theatre fees. Complications of childbirth Therapeutic abortion		\$2,750 per	pregnancy	
Enhanced maternity 12 months waiting period applies Normal delivery, elective or medically necessary caesarean section, including Hospital room and board, professional fees, midwife fees, theatre fees. Complications of childbirth. Therapeutic abortion. Complementary medicine, licensed midwifery and certified doula services, vitamins and supplements, complementary maternity therapies (without referral), post-natal services up to 45 days following birth.	No cover	Additional \$4,000 per pregnancy	Additional \$6,000 per pregnancy	Additional \$8,000 per pregnancy
Complications of pregnancy 12 months waiting period applies	No Cover	Up to ov	erall limit per <i>period of in</i>	nsurance
Newborn Care Up to 30 days from birth, under the mother's plan. Coverage is limited to: BCG, Hepatitis B and neo-natal screening tests Phenylketonuria (PKU), Congenital Hypothyroidism, sickle cell screening, congenital adrenal hyperplasia, as well as medically necessary expenses due to a life-threatening condition.	\$41,000	Up to ov	erall limit per <i>period of in</i>	isurance

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE

In the event of an *emergency*, the Member may call our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US Dollars (USD) and cover is subject to our policy terms and conditions. For more details, please refer to the *Emergency* Assistance Program scope of services.

ANNUAL LIMIT	INCLUDED IN EVERY PLAN			
The overall limit per person per period of insurance	\$1,000,000			
n the event of accident or sudden severe illness of the member imited to one (1) emergency evacuation and/or repatriation attributable to any single medical condition by a Member				
Medical evacuation or medical transport to the <i>nearest adequate</i> registered hospital	100%			
Compassionate Visit Limited to one (1) claim per Member	Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night			
Return to the place of residence after recovery	One-way transport ticket (first class train, standard economy flight or other locally available means deemed appropriate by APRIL Assistance) for You to return to Your Place of Residence			
Return of immediate family members (up to 3 persons)	One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to Your place of residence			
Return of dependent children	One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to Your Place of Residence , or the place of residence of the nearest relative or designated guardian where appropriate.			
Assistance in the event of the death of the member (To a co	ombined limit of \$30,000)			
Repatriation of mortal remains	100%			
Cost of one (1) transport coffin for repatriation of body by air	Up to \$5,000			
Presence of one person to accompany the deceased	Round trip transportation (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) plus up to 7-night accommodation in a hotel limited to \$150 per night (if the visitor does not have any accommodation) for one (1) person designated by your immediate family .			
Return of family members (up to 3 persons)	One-way transportation ticket (first class train, standard economy class flight or any other locally available means deemed appropriate by APRIL Assistance) for them to return to their Place of Residence			
Legal assistance Abroad				
Advance of cost of bail bond	Included			
Assistance with translation of legal or administrative documents	Up to \$500			
Death or Critical illness of a family member				
Compassionate Home Travel	One-way transport ticket by air in standard economy or by train in 1st class for 1 member on the contract			

Underwritten by: HAYAH Insurance Company P.J.S.C. Sheikh Sultan Bin Hamdan Building Corniche Road P.O. Box 63323 Abu Dhabi, United Arab Emirates Tel: 800-HAYAH (42924) Email: contact@hayah.com

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