

Name: _____

Date of Birth: _____

Medical/ Health Condition Concerned: _____

(Please tick the appropriate brackets when answering the below questions)

1. Description of signs and symptoms

(a) What signs and symptoms did you experience _____

i. Was there a specific trigger or precipitating event? _____

(b) When did the signs and symptoms first occur? _____. When was the condition diagnosed? _____

(c) Have you experienced symptoms in the last 12 months?

() No () Yes – how frequently do they occur? _____

(d) Have you ever experienced any of the following symptoms? If yes, tell us when they occurred and/or how long they lasted

() Signs and symptoms of depression _____

() Hallucinations (i.e. visual, auditory, touch) _____

() Social withdrawal/ isolation _____

() Changes in sensation or movement _____

() Physical harm to yourself or others _____

() Suicidal thoughts or attempts _____

() Other – please specify _____

2. Diagnostic procedure:

(a) Has your condition been diagnosed by a physician, psychiatrist, or clinical psychologist?

() No () Yes – please provide details _____

i. Please provide the contact details of this clinician _____

(b) What was the final diagnosis? _____

(c) Have you been diagnosed with any other psychological disorders?

() No () Yes – please provide the diagnosis and when this occurred _____

3. Co-morbidities:

(a) Has the condition affected your ability to work?

() No () Yes – please provide details _____

(b) Have you ever suffered from any alcohol or substance abuse?

() No () Yes – please provide details of the substance, when this occurred, and the duration

(c) Have you suffered from any physical disorders? E.g. weight changes, heart palpitations, bowel problems etc.

() No () Yes – please provide details _____

4. Treatment (Please tick the appropriate brackets and specify period of treatment with commencement and completion date)
- () Psychological therapy _____
- () Counseling/ group support _____
- () Medication _____
- () Hospitalization/ rehabilitation _____
- () Chinese medicine or others _____

Did your symptoms respond to treatment? () Yes, completely () No, please provide details of symptoms:

5. Are you currently receiving any treatment such as medication, physiotherapy or Chinese medicine treatment etc.?
- () No () Yes – please provide details of treatment _____

6. Is regular follow-up required? () No () Yes

Date of latest follow up _____ Date of next follow up _____

Please provide updated clinician report from the attending physician giving details of the diagnosis, results of assessment, details of treatment & counseling, response to treatment, complications and prognosis.

I hereby declare that all answers to the foregoing questions are correctly recorded, and that they are full, complete, and true.

Signature of the proposed insured

Date